

# Eslam Zein El-Abedeem Osman

**Position:** Assistant Professor

**Unit:** Otology

## **Academic qualifications:**

**Basic Qualification:** M.B., B.Ch. Alexandria University, Alexandria, Egypt - November 1989.

## **Postgraduate Qualifications:**

- FRCS (ORL-H&N Surgery) Intercollegiate fellowship exam - April 2005.
- MD Degree in Otolaryngology, Alexandria University, Alexandria, Egypt - July 2000.
- FRCS (Ed.) - June 1999.
- FRCS (Glasg.) - May 1999.
- Master Degree in Otolaryngology, Alexandria University, Alexandria, Egypt - June 1994.

**Clinic address:** none

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## **Society & organization memberships:**

- Member of the British Association of Otolaryngologists.

## **National or international awards:**

- Professor Belal's Senior Award in Otolaryngology - April 1995  
Alexandria University, Alexandria, Egypt.
- Best research Award in Glan Clwyd Hospital, UK 1999.  
Award given by the hospital Research & Development Committee.

### Special interests:

- Otology.
- Snoring surgery.

### List of international publications:

1. Snoring assessment: do home studies and hospital studies give different results? **Osman EZ**, Osborne J, Hill PD & Lee BWV. Clinical Otolaryngology 1998;23:524-527.
2. A new acoustic method of differentiating palatal from non-palatal snoring. Osborne J, **Osman EZ**, Hill PD, Lee BWV & Sparkes C. Clinical Otolaryngology 1999;24:130-133.
3. A simple audio data logger for objective assessment of snoring in the home. Lee BWV, Hill PD, Osborne J & **Osman EZ**. Journal of physiological measurements 1999;20:119-127.
4. The Epworth Sleepiness Scale: can it be used for sleep apnoea screening among snorers? **Osman EZ**, Osborne J, Hill PD & Lee BWV. Clinical Otolaryngology 1999;24:239-241.
5. Palatal snoring identified by acoustic crest factor analysis. Hill PD, Lee BWV, Osborne J & **Osman E**. Journal of physiological measurements 1999;20:167-174.
6. Tracheal ring herniation following percutaneous dilatational tracheostomy and its resection under endoscopic control. Osborne JE, **Osman EZ**, Cuddihy P & Ranta M. Journal of Laryngology & Otology 1999;113:1116-1118.
7. Uvulopalatopharyngoplasty versus laser assisted uvulopalatoplasty for the treatment of snoring: an objective randomized clinical trial. **Osman EZ**, Osborne J, Hill PD, Lee BWV & Hammad Z. Clinical Otolaryngology 2000;25:305-310.
8. Changes in snoring during natural sleep identified by acoustic crest factor analysis at different times of night. Hill PD, **Osman EZ**, Osborne J, & Lee BWV. Clinical Otolaryngology 2000;25:507-510.
9. Palatal surgery for snoring: Objective long-term evaluation. **Osman EZ**, Abo-Khatwa MM, Hill PD, Lee BWV & Osborne JE. Clinical Otolaryngology 2003;28:257-261.
10. Nasal Polyposis : An unusual indication for tracheostomy. Kumar S, **Osman E**, Deans JAJ, Scally J. Journal of Laryngology & Otology 2004;118:305-306.
11. Complicated otitis media caused by Fusobacterium Necrophorum. Giridharan W, De S, **Osman EZ**, Amma L, Hughes J, McCormick MS. Journal of Laryngology & Otology 2004;118:50-53.

12. Tonsillar size is an important indicator of recurrent acute tonsillitis. Webb CJ, **Osman E**, Ghosh SK , Hone S. Clinical Otolaryngology 2004;29:369-371.
13. Paediatric otolaryngology services in the UK: a postal questionnaire survey of the ENT consultants. **Osman EZ**, Aneeshkumar MK, Clarke RW. Journal of Laryngology & Otology 2005;119:259-63.
14. Paediatric otolaryngology in the UK - coming of age. Clarke RW, **Osman EZ**. Clinical Otolaryngology 2005;30:94-7.
15. Look before you pack: key point in epistaxis management. Aneeshkumar MK, **Osman E**, Shahab R, Roland N. Emergency Medicine Journal 2005;22:912-3.
16. Complete tracheal rings: lower airway symptoms can delay diagnosis. Aneeshkumar MK, Ghosh S, **Osman EZ**, Clarke RW. Eur Arch Otorhinolaryngol. 2005;262:161-2.
17. Endoscopy a must in neonatal respiratory distress. Aneeshkumar MK, **Osman EZ**, Ghosh S, Clarke RW. Eur. Arch Otorhinolaryngol. 2005;262:437-9.
18. Managing epistaxis in hospital. **Osman EZ**, Swift AC. Br J of Hospital Medicine 2007;68:M104-6.
19. Foreign bodies of the ears and upper aerodigestive tract. **Osman EZ**, Swift A. Br J of Hospital Medicine 2007;68:M189-91.
20. Objective evaluation of tongue base snoring after the use of an oral appliance: a prospective case series. Abo-Khatwa MM, **Osman EZ**, Hill PD, Lee BWV & Osborne JE. Clinical Otolaryngology 2008;33:592-5.